



California IVF
Fertility Center
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Psychoeducational Counseling of Donor Embryo Recipients

California Conceptions is a donor embryo program which uses both donor sperm and donor eggs to create embryos for our recipients. The program has an outstanding rate of success related to its dual-donor concept.

Our program requires a preconception psychoeducational consultation as recommended by the American Society for Reproductive Medicine (ASRM). ASRM has published their recommendations in a document titled "Guidance regarding gamete and embryo donation," available [HERE](#). The excerpt below contains the topics that address potential emotional, moral, ethical, and social implications concerning building a family using gamete donation; please focus on the following issues at a minimum:

1. Disclosure
2. Implications of long-term impact on the family
3. Needs of donor-conceived persons
4. Grief and loss
5. Limitations of donor screening
6. Desired qualities of the donor and its implications
7. Pregnancy, transition to parenthood, and parenting at an older age (if applicable)
8. Challenges of anonymity because of direct-to-consumer DNA testing, technological advances, social media, and implications for donor-conceived families
9. Future implications for the children of having persons who are linked through the same donor.
10. Future implications of receiving new medical information about the donor or another donor-conceived sibling
11. Impact of treatment failure, coping with treatment termination, and developing alternative plans for the future.

We ask that you provide a letter, on your letterhead, with your summary of the consultation. Please include a statement regarding your opinion about their suitability to proceed, or recommendations to delay or defer treatment. Please send your letter directly from your office via fax, postal delivery or email the letter to info@californiaconceptions.com.

If you have any questions or concerns, please do not hesitate to contact us. California Conceptions Donor Embryo Program can be reached at the above address and telephone number.